

No Value Care List with Advisory Committee Recommendations

| Recommendations listed by cumulative number of concerns identified, in order of least to most. | Cumulative number of concerns identified | Patient Resistance | Clinical implementation in daily practice | Data and measurement | Payment incentives | Malpractice risk | Policy maker resistance | Other factors (describe below) |
|--|--|--------------------|---|----------------------|--------------------|------------------|-------------------------|--------------------------------|
| The USPSTF recommends against screening for chronic obstructive pulmonary disease (COPD) in asymptomatic adults | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| Don't screen for carotid artery stenosis (CAS) in asymptomatic adult patients | 2 | 1 | 0 | 0 | 1 | 0 | 0 | 0 |
| The USPSTF recommends against screening for thyroid cancer in asymptomatic adults | 2 | 0 | 0 | 1 | 0 | 0 | 0 | 1 |
| The USPSTF recommends against screening for cervical cancer in women who have had a hysterectomy with removal of the cervix and do not have a history of a high-grade precancerous lesion (i.e., cervical intraepithelial neoplasia [CIN] grade 2 or 3) or cervical cancer | 3 | 0 | 1 | 0 | 1 | 0 | 0 | 1 |
| The USPSTF recommends against screening for pancreatic cancer in asymptomatic adults | 3 | 0 | 1 | 2 | 0 | 0 | 0 | 0 |
| Don't perform voiding cystourethrogram (VCUG) routinely in first febrile urinary tract infection (UTI) in children aged 2-24 months | 3 | 1 | 1 | 0 | 0 | 0 | 0 | 1 |
| Don't perform MRI of the peripheral joints to routinely monitor inflammatory arthritis | 3 | 1 | 0 | 0 | 2 | 0 | 0 | 0 |
| The USPSTF recommends against screening for testicular cancer in adolescent or adult men | 4 | 0 | 1 | 2 | 0 | 1 | 0 | 0 |
| The USPSTF recommends against routine serologic screening for genital herpes simplex virus (HSV) infection in asymptomatic adolescents and adults, including those who are pregnant | 5 | 1 | 1 | 1 | 0 | 1 | 1 | 0 |
| The USPSTF recommends against screening for ovarian cancer in asymptomatic women who are not known to have a high-risk hereditary cancer syndrome | 6 | 2 | 0 | 3 | 0 | 0 | 0 | 1 |
| USPSTF recommends against screening for bacterial vaginosis (BV) in pregnant persons who are not at increased risk for preterm delivery | 6 | 1 | 2 | 2 | 0 | 1 | 0 | 0 |
| Don't order annual electrocardiograms (EKGs) or any other cardiac screening for low-risk patients without symptoms | 6 | 0 | 2 | 1 | 2 | 0 | 1 | 0 |
| Don't order unnecessary cervical cancer screening (Pap smear and HPV test) in all women who have had adequate prior screening and are not otherwise at high risk for cervical cancer | 6 | 1 | 2 | 2 | 0 | 0 | 0 | 1 |
| Don't use coronary artery calcium scoring for patients with known coronary artery disease (including stents and bypass grafts) | 6 | 0 | 1 | 2 | 1 | 1 | 0 | 1 |

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| The USPSTF recommends against screening for cervical cancer in women younger than 21 years | | 7 | 2 | 1 | 1 | 0 | 1 | 1 |
| The USPSTF recommends against the use of estrogen alone for the primary prevention of chronic conditions in postmenopausal women who have had a hysterectomy | | 7 | 3 | 2 | 2 | 0 | 0 | 0 |
| Don't obtain baseline diagnostic cardiac testing (trans-thoracic/esophageal echocardiography - TTE/TEE) or cardiac stress testing in asymptomatic stable patients with known cardiac disease (e.g. CAD, valvular disease) undergoing low or moderate risk non-cardiac surgery | | 7 | 1 | 1 | 0 | 2 | 0 | 3 |
| Don't perform population based screening for 25-OH-Vitamin D deficiency | | 8 | 3 | 1 | 0 | 1 | 1 | 0 |
| Don't use dual-energy x-ray absorptiometry (DEXA) screening for osteoporosis in women younger than 65 or men younger than 70 with no risk factors | | 8 | 2 | 2 | 2 | 0 | 0 | 2 |
| The USPSTF recommends against screening with resting or exercise electrocardiography (ECG) to prevent cardiovascular disease (CVD) events in asymptomatic adults at low risk of CVD events | | 8 | 0 | 3 | 2 | 2 | 0 | 1 |
| Don't use inferior vena cava (IVC) filters routinely in patients with acute VTE. | | 8 | 0 | 2 | 1 | 0 | 2 | 0 |
| Don't perform unproven diagnostic tests, such as immunoglobulin G (IgG) testing or an indiscriminate battery of immunoglobulin E (IgE) tests, in the evaluation of allergy | | 8 | 0 | 2 | 2 | 1 | 0 | 3 |
| The USPSTF recommends against the use of combined estrogen and progestin for the primary prevention of chronic conditions in postmenopausal women | | 9 | 6 | 2 | 1 | 0 | 0 | 0 |
| Don't perform advanced sperm function testing, such as sperm penetration or hemizona assays, in the initial evaluation of the infertile couple | | 9 | 3 | 2 | 1 | 1 | 0 | 2 |
| Avoid echocardiograms for preoperative/perioperative assessment of patients with no history or symptoms of heart disease | | 10 | 0 | 2 | 1 | 2 | 1 | 2 |
| The USPSTF recommends against screening for cervical cancer in women older than 65 years who have had adequate prior screening and are not otherwise at high risk for cervical cancer | | 11 | 3 | 3 | 3 | 1 | 0 | 1 |
| Don't obtain baseline laboratory studies in patients without significant systemic disease (ASA I or II) undergoing low-risk surgery - specifically complete blood count, basic or comprehensive metabolic panel, | | 11 | 1 | 3 | 1 | 1 | 2 | 0 |

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| coagulation studies when blood loss (or fluid shifts) is/are expected to be minimal | | | | | | | | | |
| Don't obtain EKG, chest X rays or Pulmonary function test in patients without significant systemic disease (ASA I or II) undergoing low-risk surgery | 11 | 0 | 2 | 2 | 3 | 1 | 1 | 2 | |
| Don't perform PSA-based screening for prostate cancer in men over 70 | 17 | 5 | 4 | 0 | 1 | 2 | 2 | 3 | |
| Don't recommend screening for breast, colorectal or prostate cancer if life expectancy is estimated to be less than 10 years | 18 | 4 | 3 | 4 | 0 | 3 | 1 | 3 | |
| Don't prescribe nonsteroidal anti-inflammatory drugs (NSAIDS) in individuals with hypertension or heart failure or CKD of all causes, including diabetes | 22 | 6 | 8 | 3 | 0 | 0 | 1 | 4 | |